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## **Tasting the Heart of Dharma**

Contemplative Explorations of Bodhicitta:
The Heart/Mind of Wisdom and Compassion in Action

teachings by Tarchin Hearn
Friday, 6<sup>th</sup> to Sunday, 15<sup>th</sup> October, 2017



Exploring,

Meaningful living,

Complete authenticity and presence,

Love and clear seeing,

Healthy communing and community

These are the ways of the heart.

Fri 6	Sat 7	Sun 8	Mon 9	Tue 10	Wed 11	Thu 12	Fri 13	Sat 14	Sun 15
	10 am	10 am						10am	10 am
7 pm¹	2:30 pm	2:30 pm	7 pm	7 pm	7 pm	7 pm		2:30 pm	2:30 pm²

<sup>&</sup>lt;sup>1</sup> orientation class, no charge

**Tarchin Hearn** has at times described himself as a "yogi of the natural world". For nearly 50 years he has been immersed in various traditions of Buddhist philosophy and practice, blending them with interests in life sciences and ecology. Today he is a widely respected teacher and practitioner of Contemplative Science, Natural Awakening and the way of Mahāmudrā. To know more about Tarchin and his work, please visit **www.greendharmatreasury.org**.



Cost: \$5 / class. Donations (dana) for the teacher gratefully accepted.

Please circulate to others who may be interested.

<sup>&</sup>lt;sup>2</sup> followed by afternoon tea