


Breathing Sanity

Tarchin Hearn

14-22 Nov 2020

Weekends: 10-12 am

Tu, W, Th: 7-8:30 pm

A portrait of Tarchin Hearn, a man with a grey beard and glasses, wearing a dark blue beanie and a dark sweater. He is smiling and looking slightly to the right. The background is a blurred green hedge.

An exploration of the vision and implications of Buddhist “Ekayāna” – a way of living that is thoroughly non-sectarian and universal in nature.

Tarchin, one of our principal teachers, is a writer, artist, poet, traveller and inspiring teacher. Rooted in Buddhist principles, his work frequently links personal healing with a deep ecological perspective and western science in ways that have inspired a wide range of people, from a variety of diverse backgrounds and traditions.

www.greendharmatreasury.org

Cost: \$10 / class. Donations (dana) for the teacher gratefully accepted.

www.dharmacentre.org.nz